

**KENT STATE UNIVERSITY
COLLEGE OF NURSING**

TECHNICAL SKILLS RECORD/ CHECKLIST

Student Name: Dawnielle Williams

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen/demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting Adult	Child	Skill performance without direct supervision in lab or clinical setting Adult	Child	Additional Comments
DIRECT PATIENT CARE						
Complete Bath	Jan 2011	Jan 2011		Sept 2012		
Oral Care	Jan 2011	Jan 2011		Oct 2012		
Skin Care	March 2011	March 2011		Oct 2012		
Hair Care	Jan 2011	Jan 2011				
Foot & Nail Care	Sept. 2011	Sept. 2011				
Back Massage	March 2011	March 2011		March 2011		
Braden Scale Skin Assessment	Jan 2011	Jan 2011		Sept 2011		
Positioning & Repositioning	Jan 2011	Jan 2011		Sept 2011		
Range of Motion	Feb 2011	Feb 2011				
Assist with Ambulation	Feb 2011	Feb 2011		Sept 2011		
Falls Precautions	Jan 2011	Jan 2011		Sept 2011		
Transferring	Feb 2011	Feb 2011		March 2011		

Feeding	Feb 2011	Feb 2011		Oct 2012		
Recording I & O's	March 2011	March 2011	Feb 2012	Oct 2012	Feb 2012	
Ted Hose/SCDs	Sept. 2011	Sept. 2011		Jan 2012		
APPLYING RESTRAINTS						
Posey						
Wrist & Ankle	Nov. 2012	Nov. 2012		Nov. 2012		
BED MAKING						
Occupied	Sept. 2011	Sept. 2011		Oct 2012		
Unoccupied	Jan 2011	Jan 2011	Jan 2012	Jan 2012	Jan 2012	
VITAL SIGNS						
Temperature	Sep 2010	9/22/2010	Jan 2012	Sept 2011	Jan 2012	
Respiration	Sep 2010	9/22/2010	Jan 2012	Sept 2011	Jan 2012	
Pulse	Sep 2010	9/22/2010	Jan 2012	Sept 2011	Jan 2012	
Blood Pressure	Oct 2010	10/27/2010	Jan 2012	Sept 2011	Jan 2012	
Orthostatic Blood Pressure						
Pain Assessment	Feb 2011	Feb 2011	Jan 2012	Sept 2011	Jan 2012	
NEUROLOGICAL ASSESSMENT	October 2010	10/13/2010	Feb 2012	Feb 2011	Feb 2012	
Glasgow Coma Scale	Sept. 2011	Sept. 2011		Sept 2011		
	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting Adult	Child	Skill performance without direct supervision in lab or clinical setting Adult	Child	Additional Comments
CARDIAC MONITORING						
EKG/Telemetry	Aug 2012	Sept 2012		Sept 2012		

12 lead EKG administration	Sept 2012					
ELIMINATION						
Enemas	April 2011					
Colostomy: Irrigation	Sept 2011	Sept 2011		Sept 2011		
Dressing	April 2011	Sept 2011		Sept 2011		
Placing Appliance	April 2011	Oct 2011		Nov 2011		
Ileostomy						
Catheterization	March 2011					
Indwelling: Male	March 2011					
Female	March 2011					
Straight: Male	March 2011					
Female	March 2011					
Urosheath: Male						
Indwelling Catheter Care	Sep. 2011	Sept. 2011		Sept. 2012		
Catheter Irrigation	Sept. 2011	Oct. 2012		Oct. 2012		
Perineal Care	Oct. 2011	Oct. 2011		Oct. 2012		
Urosheath Care						
IRRIGATIONS						
Eye	Oct. 2011	Nov. 2012		Nov. 2012		
Ear						
Bladder						
Vaginal						
Wound	Oct. 2011	Oct. 2011		Nov 2011		
SPECIMEN COLLECTION						
24 hour Urine						

Specific Gravity						
Sterile from indwelling cath	Sept. 2011					
Stool:	Sept. 2011	Oct. 2011				
Guaiac/Hemocult	Oct. 2011	Oct. 2011				
Ova & Parasite						
C & S	Oct. 2011					
Sputum	Nov. 2012					
Blood Glucose Monitoring	Sept. 2011	Sept. 2011	March 2012	Sept 2011		
PRE & POST OPERATIVE CARE						
Pre-op Checklist/Informed Consent					February 8, 2012	
Dry sterile dressing	Sept. 2011	Sept. 2011		Sept 2011		
Peripheral IV site dressing change	Oct. 2011	Nov. 2012				
Central line dressing change	Oct. 2012					
Wet → Dry sterile dressing	March 2011	March 2011				
Packed wound dressing	Sept 2011					
	☐Have seen☐demonstrated, but have not performed	☐Skill Performance with direct supervision in lab or clinical setting☐ Adult	Child	Skill performance without direct supervision in lab or clinical setting Adult	Child	☐Additional Comments

Coughing & deep breathing	Sept. 2011	Sept 2011		Oct. 2011		
Incentive spirometry	Feb. 2011	March 2011		Sept 2011		
Assist to dangle & ambulate	March 2011	March 2011		Sept. 2012		
Assist with cast	Nov. 2011	Nov. 2011		Nov. 2011		
Assist with traction						
Intermittent wall suction	Sept. 2011	Sept. 2011		Sept. 2012		
Naso-gastric irrigation	Sept. 2011	Sept. 2011		Oct. 2012		
Hemovac drain care	Oct. 2011	Oct. 2011		Oct 2011		
JP drain care	March 2011	Nov. 2012		Nov. 2012		
Nasogastric continuous feeding	Sept. 2011	Sept. 2011		Nov. 2012		
Gastrostomy intermittent feeding	Sept. 2011	Sept. 2011		Oct. 2012		
RESPIRATORY CARE						
Oxygen Therapy:						
Nasal cannula	Jan 2011	Jan 2011		Jan 2011		
Mask	Jan. 2011	Nov. 2012		Nov. 2012		
Pulse Oximetry	Oct. 2011	Oct. 2011		Oct 2011		
Suctioning:	Aug. 2012	Sept. 2012		Sept. 2012		
Oropharygeal						
Endotracheal	Aug. 2012	Sept. 2012		Sept. 2012		
Tracheostomy care	Nov. 2011					
Chest tube care	Aug. 2012	Sept. 2012		Sept. 2012		

Postural drainage						
Percussion, drainage, & clapping						
ISOLATION TECHNIQUES						
VRE/MRSA						
TB						
Neutrapenic (Reverse)	Feb 2011	Feb 2011		Feb 2011		
MEDICATION ADMINISTRATION						
Oral	March 2011	March 2011	Jan. 2012	Feb. 2012		
Patches/topical	Sept. 2011	Sept. 2011		Sept. 2012		
Subcutaneous	March 2011	March 2011		Sept. 2012		
Intramuscular	March 2011	March 2011				
Z-Track	March 2011					
IV push	Oct 2011	Jan 2012	March 2012	Sept. 2012		
IV INFUSION						
Peripheral	Oct. 2011	Oct. 2011		Sept. 2012		
PICC line						
Central/Triple Lumen	Aug. 2012	Sept. 2012		Sept. 2012		
Monitoring of Drip Rate	Oct. 2011	Oct. 2011	Feb. 2012	Sept. 2012		
IV site assessment	Sept. 2011	Sept. 2011	Feb. 2012	Oct 2011	Feb 2012	
Changing IV fluid bags	Sept 2011	Sept 2011	March, 2012	Sept. 2012		
Changing IV fluid tubings	Oct. 2011	Oct. 2011	March, 2012			
Arterial line maintenance	Aug. 2012	Oct. 2012		Oct. 2012		
Hanging IV piggyback fluids	Oct. 2011	Oct. 2011		Oct. 2012		
Starting an IV	April 2011					

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COMPUTER DOCUMENTATION	Jan 2011	Jan 2011	Jan 2012	Sept 2011	Feb 2012	
EXPERIENCE TEACHING:		Nov 2011	Jan 2012	Sept 2011	Feb 2012	
Patients	Sept. 2011	Sept. 2011		Sept 2011		
Families	Sept. 2011	Oct. 2011	Jan 2012	Jan 2012	Feb 2012	
DISCHARGE PLANNING						
BASIC LIFE SUPPORT (record dates of completion)		Jan 2011	Jan 2011			BLS for Healthcare Providers

**Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience Record/Checklist

**Revised 8/08